



Inaugural
Magic Valley YMCA
**WARRIOR
STRONG KIDS
RUN**

July 20, 2019
9:00-11:00 am



The Warrior Strong Kids Run is a quarter mile run (for ages 4-6 with parent) and a one mile run (for ages 7-13) incorporating 15-20 obstacles for children to conquer.

The Warrior Strong Kids Run gives our youth an opportunity to participate in a fun and growing sport. The YMCA is all about giving children a chance to commit, achieve and gain confidence. One of our goals is to get our youth outside and moving while giving them a chance to test their physical and mental boundaries. We hope to spark a love for outdoor adventure away from screens. Now is the time to get muddy and have fun!

RACE INFORMATION

What: Warrior Strong Kids Run
When: July 20, 2019
Time: 9:00 am
Where: Vista Bonita Park in Twin Falls
Park at the north end of the parking lot at Swensen's Market located at 991 Washington Street South in Twin Falls. Follow the signs to check-in and registration.

WSKR EVENTS

- 1/4 mile run (ages 4-6 with parent)
- 1 mile run (ages 7-13)

AWARDS

This will be an untimed event so no awards will be given out.

AGE CATEGORIES

Ages 4-6 with parent
Ages 7-11

RACE SHIRTS

The first 100 to register will receive an Inaugural Warrior Strong Kids Run t-shirt. Additional shirts can be purchased for \$10.00/shirt.

WHERE TO REGISTER

- **Mail:** Mail entry and payment to the Magic Valley YMCA (1751 Elizabeth Blvd., Twin Falls, ID, 83301) prior to *July 12, 2019*.
- **In Person:** Register at the YMCA (see address above) prior to July 19, 2019).
- **Online:** Register at www.ymcatf.com through July 19, 2019.
- **Race Day:** 8:00-8:15 am located at the check-in booth behind Swensen's Market on the north side.

COST

PER PARTICIPANT

- \$30 through May 31, 2019
- \$40 June 1-July 7, 2019
- \$50 July 8-Race Day

Registration fees are non-refundable and non-transferable.

Magic Valley YMCA
1751 Elizabeth Blvd.
Twin Falls, ID, 83301
208-733-4384



COURSE DESCRIPTION & OBSTACLES

Obstacles

Tire Run
 Cones
 Slippery Slope
 Quad Steps
 Slackline
 Tunnel Crawl
 Heavy Carry
 Javelin Throw
 Hurdles
 Hay Climb
 Spider Web
 Fake Coals
 Balance Beams

Mud Section

Ground Crawl
 Jump off Hay Bales
 Heavy Pull

Race Guide

The Race Guide is available by clicking on the Warrior Strong Kids Run graphic located at www.ymcatf.com.

Event Sponsors

SWENSEN'S MAGIC MARKETS

Magic Mountain Ski Resort
 Raiger's Construction/Kelo Inc.
 TF Corn Maze
 Jack's Tire and Oil

REGISTRATION

CHILD'S NAME

(One Person Per Entry Form)

LAST

FIRST

Male Female DOB: _____ Age (On 7/20/2019) _____

EVENT
 1/4 Mile Run 1 Mile Run

Parent's Name (for 1/4 mile run) _____

Participant Shirt Size - Circle One YXS YS YM YL AS AM AL AXL AXXL

Additional Shirts AS AM AL AXL AXXL \$10.00/Shirt _____

First 100 to register will get a WSKR shirt.

Address _____

City _____ State _____ Zip _____

Phone _____ Email Address _____

FEES: \$_____ (Must Accompany Registration Form) Make Checks Payable to YMCA. ***Entry Fees are Non-Refundable.***

Race Day Registration/Check In is from 8:00-8:15 am.

I AGREE TO INDEMNIFY, HOLD HARMLESS, AND RELEASE the YMCA, its employees and agents from any loss, liability, damages, all claims, causes of action, suits, costs, and expenses, including attorney's fees, which may be asserted against the YMCA, its employees and agents, and which the undersigned may incur due to the presence of the undersigned in, upon, or about the YMCA premises or in any way observing or using any facilities or equipment of the YMCA or participating in any program affiliated with the YMCA. Further, the undersigned assumes full responsibility for and risk of bodily injury, death, or property damage incurred by the undersigned, my family members, and children using any facilities or equipment of the YMCA or managed by the YMCA. I have read this release of liability and understand its contents.

The YMCA reserves the right to take pictures of program or other activity for promotional purposes.

I have read and understand the above cancellation, refund policy and release.

Parent's Signature _____ Date _____

**Mail Form & Entry Fee to:
 Magic Valley YMCA, 1751 Elizabeth Blvd, Twin Falls, ID, 83301**