

# WARRIOR STRONG KIDS RUN

## INFORMATION PACKET



### WHAT TO WEAR

You will be running, climbing and crawling. You will get MUDDY! Wear comfortable athletic clothing that cleans up easy. Closed-toe shoes are required!

### WHAT TO BRING

There will be a rinse-off station so bring clean clothes, shoes and a plastic bag to put dirty clothes and shoes in. Also bring a towel, sunscreen, camera, camp chair and plenty of water. Leave your belongings where you know they will be safe, there will be no bag check. If something is left at the event, you can check at the YMCA on Elizabeth Blvd after the event. Because this is an outside event, YMCA is not responsible for any lost, damaged or stolen items.

### PARKING

Parking will be designated and is available on the north side of Swensen's parking lot. Please do not park in front of the building, these are reserved for customers. The Vista Bonita Park (Southeast corner of park) is reserved for emergency vehicles and event organizers; there is no available parking.

### CHECKING IN

Check-in booths will be located behind Swensen's Market, on the north side. You will receive your T-shirt and swag bag at this location. Every child must be accompanied by a parent/guardian. No child will be allowed to leave the area without a parent/guardian. Please do not leave your child(ren) alone at the park.

### RUN INFORMATION

Late registration is at 8:00 AM, check-in starts at 8:20 AM, presentation and warm-up start at 8:40 AM and the run begins at 9:00 AM and ends at 11:00 AM. The older kids will start first. The run start is at the Vista Bonita parking lot on the south side of the park. You may run up to 4 times. Parents MUST run with kids ages 6 and under so please make sure you have registered with your child(ren).

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### SPECTATORS

Only registered participants may be on the course. Spectators do not have to pay.

### OBSTACLE COURSE

A participant can opt out of an obstacle by completing an exercise activity.

### RESTROOMS

Restrooms are located near the Vista Bonita parking lot. Swensen's has restrooms available for public use.

### FIRST AID/LOST CHILD

There will be a medical and lost child station onsite near the start line.

### WEATHER

The event will run regardless of the weather, with the exception of severe or extreme conditions.

### PETS POLICY

Please leave your furry friends at home for the safety of both your pet and the participants, with the exception of service animals.

### REFUND POLICY

No refunds will be issued. If participant cancels, it will be recorded as a contribution to the YMCA of Twin Falls Strong Kids Campaign.

### PHOTOGRAPHS

Photos will be on FaceBook: YMCA of Twin Falls, Instagram: YMCA of Twin Falls, Website: ymcatf.com. Every effort will be made to photograph all participants, but we cannot guarantee that everyone will be captured on film. Before rinsing off, go the photo opt located at the back stop in the middle grassy area of the park.