



Program Director:
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Effective January 02, 2019

Subject to change with
or without notice

***May be associated with
additional fee**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5- 7:15 AM	Group Fitness					Group Fitness 9AM Cardio Tennis (Tori)	Open Play 12-4PM
7:30 AM	Group Fitness		Open Play*	Open Play*	Open Play*		
8:45-10:15 AM							
10:30 - 4:00 PM	Open Play*	Open Play*				11:30AM - 4PM Open Play*	
4:00 - 5:15 PM	Intermediate Clinic*	Advanced Clinic*	4:00PM-4:45PM Tiny Hitters Clinic*	Intermediate Clinic*	Advanced Clinic*		
5:15 - 6:30 PM	Tournament Clinic*	Youth Court Time	Tournament Clinic*	Youth Court Time	Open Play*		
7:00 - 8:30 PM	Open Play*	Open Play*	Block Times*	Block Times*			
9:00 - 10:00 PM	Open Play*						

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DESCRIPTIONS

Tiny Hitters-Ages 4-7 - This clinic is for young players just starting out focusing on the basics of tennis (\$40 for members/\$60 for non-members)

Intermediate Clinic-Ages 8-12 - This clinic is for advanced beginners and will be focusing on stroke fundamentals(\$80 for members/\$110 for non-members)

Advanced Clinic- Ages 13-18 (High School Varsity) - This clinic is for Junior High and High School experienced players. It is an instructional program emphasizing preparation for competitive tennis that will stress stroke technique, match strategy, and play (\$80 for members/\$110 for non-members)

Tournament Clinic - This is for players who have good stroke production skills, and are consistent in rallies. (\$80 for members/\$110 for non-members)

Cardio Tennis - is an engaged group fitness program featuring the heart pumping effects of tennis drills, games, and skills delivering the ultimate full body and calorie burning aerobics and anaerobic workout. Cardio Tennis is a very social activity for all ages, ability and fitness levels. If a member/ non-member would like to attend both classes, then they must pay for both sessions. (\$60 for members/ \$80 for non-members).



Tennis Clinics Sessions:
Jan 7 to Feb 1
Feb 11 to March 8

12 weeks
Block Times/Sessions
Jan 7 - March 29

1 Court

12-Weeks Block Times: Requires at least 24 hour reservation/1.5-hour block

Prime Time ONLY at 7PM to 8:30PM
\$390.00
Non- Members: \$390+ \$10 day pass
(day pass is for each non-member using the courts)

2 Courts

12-Weeks Block Times: Requires at least 24 hour reservation/1.5-hour block

Prime Time ONLY at 7PM to 8:30PM
\$780.00
Non- Members: \$780 + \$10 day pass
(day pass is for each non-member using the courts)

Private Lessons:

	Member	Non-Member
One-on-One	1 session - \$60	1 session - \$75
Buddy sessions Minimum of 2 participants	1 session - \$30 (per person)	1 session - \$37.50 (per person)

(Open Play*) Court fees: \$24.00 per court