



# 2018 NEW YEAR SPECIAL Gifts that WORKOUT!

## YMCA'S PERSONAL TRAINING PACKAGES

Must be purchased between December 7, 2017 to February 28, 2018  
(Maximum purchase of 2 packages per client)



### INDIVIDUAL MEMBER RATE

1 SESSION	\$	40.00
5 SESSIONS	\$	175.00
10 SESSIONS	\$	310.00
15 SESSIONS	\$	405.00

### INDIVIDUAL NON-MEMBER RATE

1 SESSION	\$	55.00
5 SESSIONS	\$	225.00
10 SESSIONS	\$	350.00
15 SESSIONS	\$	435.00

### BUDDY MEMBER PACKAGES

1 SESSION	\$	30.00	per person
5 SESSIONS	\$	135.00	per person
10 SESSIONS	\$	240.00	per person

### BUDDY NON-MEMBER PACKAGES

1 SESSION	\$	45.00	per person
5 SESSIONS	\$	175.00	per person
10 SESSIONS	\$	300.00	per person



### SMALL GROUP (3-6 PEOPLE) MEMBERS

3 SESSIONS	\$	75.00	per person
5 SESSIONS	\$	110.00	per person
10 SESSIONS	\$	150.00	per person

### SMALL GROUP (3-6 PEOPLE) NON-MEMBERS

3 SESSIONS	\$	120.00	per person
5 SESSIONS	\$	180.00	per person
10 SESSIONS	\$	310.00	per person

### EXPIRATION DATES (FROM DATE OF PURCHASE)

- 1 SESSION - 1 MONTH
- 3 SESSIONS - 1 MONTH
- 5 SESSIONS - 2 MONTHS
- 10 SESSIONS - 3 MONTHS
- 15 SESSIONS - 4 MONTHS

**Be a gifting HERO - to yourself or loved ones!**