



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# **TAEKWONDO ADULT CLASS**



**Register anytime**

**Monday at 5:30 PM**

**\$35/month for members**

**\$45/month for non-members**

**Open to ages 18 and up**

**For more information, call 733-4384, ext. 105**



**Arturo Abuga-a, Jr., Head Instructor**

Arturo has been teaching Taekwondo since January, 2000. He is affiliated with the Philippine Taekwondo Association, the Korean Taekwondo Association, the Idaho Taekwondo Association and the U.S. Taekwondo Association.