



At the
NEWLY RENOVATED
Elizabeth Blvd.
Swimming Pool

SWIMMING LESSONS



Mommy and Me Class (ages 3 months–2½ years)

Mommy and Me is an introduction to the aquatic environment. It's designed to give parents the skills necessary to help their children become comfortable in and around the water. Children must be between the ages of three months and two and a half years of age. A parent or adult is required to be in the water with the child.

May 15 (4 weeks)

Monday/Wednesday 10:30am–11:00am

Member \$20 Non-member \$40

(maximum 8 students)

Water Discovery (ages 2½ years – 6 years)

Water Discovery is a great introduction to water or as a follow up class for children who were a part of Mommy and me swim class. Children must be between two and a half and six years of age. We believe it's important for children to be comfortable and safe in and around water. Our water Discovery swim class begins to teach children to splash, move, float in the water, self rescue techniques for child and parents. A considerable portion of class will be spent teaching water safety.

May 15 (4 weeks)

Monday/Wednesday 11am–12pm

Member \$42 Non-member \$62

(maximum 6 students)

May 16 (4 weeks)

Tuesday/Thursday 11am–12pm

Member \$42 Non-member \$62

(maximum 6 students)

Private Swim Lessons

The **Private Swim Lessons Package** includes four half hour sessions with a Swim Instructor. These lessons are scheduled with the swim instructor any time the Y pool is open and an instructor is available. Registrants may have up to four students of similar ability in each session. Team up with other families? This can be a very economical approach to swim lessons.

Members: \$64 Non-members: \$84